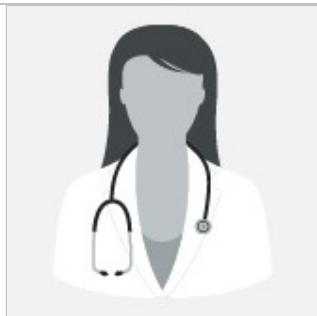


Keep you and your family informed during the Coronavirus (COVID-19) outbreak. Learn more by visiting our Coronavirus Hub (<https://www.ratemds.com/blog/category/health/coronavirus/>). ✕



( / )

[Signup](#) | [Login](#) | [Claim Doctor Profile \(/plans/doctor/\)](#)[Claim Profile \(/plans/1968917/\)](#)

## Dr. Reagan Ponder

Gynecologist (OBGYN) (</best-doctors/hi/honolulu/gynecologist-obgyn/>)

★★★★☆ 9 reviews

#8 of 154 Gynecologists (OBGYN) in Honolulu, Hawaii (</best-doctors/hi/honolulu/gynecologist-obgyn/>)

♀ Female (</best-doctors/hi/honolulu/gynecologist-obgyn/?gender=f>)

🏠 Ponder Reagan MD (</clinic/us-hi-honolulu-ponder-reagan-md/>)

📞 Unavailable

📍 View Map & Address

🔗 Unavailable

[Doctors \(/best-doctors/\)](/best-doctors/) / [Hawaii \(/best-doctors/hi/\)](/best-doctors/hi/) / [Honolulu \(/best-doctors/hi/honolulu/\)](/best-doctors/hi/honolulu/)  
/ [Gynecologists \(/best-doctors/hi/honolulu/gynecologist-obgyn/\)](/best-doctors/hi/honolulu/gynecologist-obgyn/) / [Dr. Reagan Ponder](#)

You may also like ⓘ



**Dr. Reina M. Harris** (</doctor-ratings/2973263/Dr-REINA+M.-HARRIS-Honolulu-HI.html>)

Gynecologist (OBGYN) (</best-doctors/?specialty=gynecologist-obgyn>)

☆☆☆☆☆

## ★ Kate Dr. Reagan Ponder



Staff



Punctuality



Helpfulness



Knowledge



### Comment

Please leave a comment with more detail about your experience.

★ Rate This Doctor

## Ratings for Dr. Reagan Ponder



3

Staff



1

Punctuality



1

Helpfulness



1

Knowledge

She blew off my complaints of pain and request for a referral to a new doctor. Due to her failure to insert my IUD properly, my uterus was perforated and I needed surgery to remove it.

Was this rating useful? 1

flag | Submitted December 3, 2016



5

Staff



5

Punctuality



5

Helpfulness



5

Knowledge

My wife Had the most awful time with menopause. She was so anxious about the medications that were available, and she tried all of the over-the-counter remedies. Her gynecologist was kind but dr. ponder spent many hours answering her questions, educating her about what was available, to her listening to her needs and what her symptoms were that were bothering her the most, and Then discussing what was available, what the pros and cons of her, as well as discussing expectations, how long it would take to actually take a fact or reach it's maximum benefit. She was persistent in fine-tuning her treatment until she felt 100% better. I feel like I have the woman that I married back! If it weren't for Dr. ponders knowledge, patient, and persistence, I don't think that we would have gotten such fantastic results. She even gave us information on all that we discussed and reliable website to research even more should we feel like checking on our own the treatments or medications that she was on. As well as website that discussed alternative medications and how to determine their effectiveness as well as which brands to choose from if there was something that we were in that was not an FDA approved medication. I don't care how far away we move, but if we were ever to find ourselves in a different city, I would be tempted to fly back to Honolulu for my wife should I not find somebody that was as awesome as Dr. P. It is obvious and her parents, actions, and expressions, that she is very passionate about what she does and she loves her patients as if they were her own family !

Was this rating useful? 0 

flag | Submitted November 5, 2016

 5  
Staff 5  
Punctuality 5  
Helpfulness 5  
Knowledge

Dr. ponder is the best doctor ever. She is very kind, and takes her time with you to make sure that you understand everything that she is speaking about. She may run behind because of that. She also will have to deliver babies and canceled on me. She had to do it for me too. I moved across town and try to find a doctor that match her or at least came close. I still drive out to Hawaii Kai to see her even though she's that far away .

Was this rating useful? 0 

flag | Submitted November 5, 2016

 5  
Staff 1  
Punctuality 1  
Helpfulness 1  
Knowledge

I've been cancelled on at least five times in the last year with her. She isn't very knowledgeable about women with PCOS. She passes you off to specialists and isn't worth investing your time in since she may not even be able to see you if you do become pregnant.

Was this rating useful? 0 

flag | Submitted June 30, 2015

 5  
Staff 4  
Punctuality 5  
Helpfulness 4  
Knowledge

I have been seeing Dr. Ponder for about 3 years now. As a young woman it is very important to me to have a doctor that I trust and feel comfortable around. Dr. Ponder is very polite and always takes the time to listen and talk to me about any questions I may have. Though she has a long wait list for appointments (4-6 weeks out) it is well worth it for me to see someone who makes these appointments pleasant.

Was this rating useful? 0 

flag | Submitted April 4, 2012

 4  
Staff 1  
Punctuality 1  
Helpfulness 2  
Knowledge

i waited over 45 minutes after being instructed to take my pants off and wait for the doctor. dr. ponder hardly greeted me nor apologized for the wait. she was in no way sensitive to my needs or my concerns. i felt uncomfortable, frustrated, and as if i was inconveniencing her. i will never go back to this doctor and strongly suggest seeing someone else.

Was this rating useful? 2 

flag | Submitted August 19, 2011

 5  
Staff 4  
Punctuality 5  
Helpfulness 5  
Knowledge

She is very easy to talk to and is not judgmental.

Was this rating useful? 0 

flag | Submitted May 4, 2010

**3**  
Staff

**1**  
Punctuality

**2**  
Helpfulness

**2**  
Knowledge

Dr Ponder is the worst, cold and rude woman. She spend at the most 10 minutes with me after I waited 45 minutes. She does not have the knowledge to treat pregnant woman, her advices contradict a lot of what books and research show. She is not a board certify physician.. It was the worst.

Was this rating useful? 3

flag | Submitted April 1, 2009

**5**  
Staff

**5**  
Punctuality

**5**  
Helpfulness

**5**  
Knowledge

Dr. Ponder scheduled and performed a D&C, and I found her to be professional, helpful, with a very good bedside manner. Returning one year later for an annual checkup, I experienced the same professional manner. Ob-Gyn's must attend to deliveries first, before routine patient appointments. I would trust her with my own daughter's Ob-Gyn care.

Was this rating useful? 0

flag | Submitted July 26, 2008

## Top Hospitals in Honolulu, HI



Queen's Medical Center

★★★★★ (/hospital/us-hi-honolulu-queens-medical-center-922/)



Kaiser Permanente Medical: Galbraith Geoffrey T MD

★★★★★ (/hospital/us-hi-honolulu-kaiser-permanente-827/)



Kapiolani Medical Center For Women

★★★★★ (/hospital/us-hi-honolulu-kapiolani-medical-center-for-women/)



Queen's Hospital

★★★★☆ (/hospital/us-hi-honolulu-queens-hospital/)

## Top Urgent Care Centers in Honolulu, HI



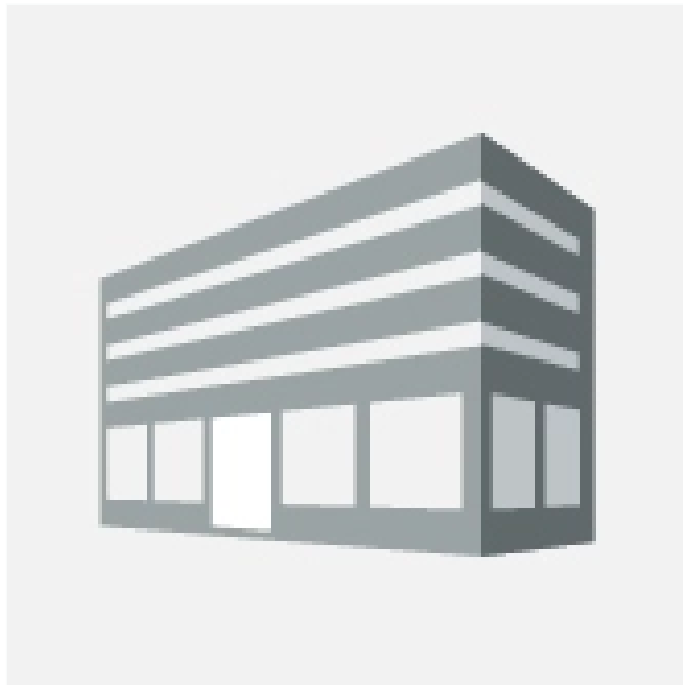
Urgent Care Clinic of Waikiki

★★★★★ (/urgent-care/us-hi-honolulu-urgent-care-clinic-of-waikiki-259/)



The Emergency Group, Inc.

☆☆☆☆☆ (/urgent-care/us-hi-honolulu-the-emergency-group-inc/)

**Kuhio Walk-In Clinic**

☆☆☆☆☆ (/urgent-care/us-hi-honolulu-kuhio-walk-in-clinic/)

**The Medical Corner**

☆☆☆☆☆ (/urgent-care/us-hi-honolulu-the-medical-corner/)

Sign up for our newsletter to get the latest health news and tips.

## About RateMDs

About (/about/)

Press (/about/press/)

Contact (/about/contact/)

FAQ (/about/faq/)

Advertise (/about/advertise/)

Copyright (/about/copyright/)

Privacy (/about/privacy/) & Terms (/about/terms/)

Claim Doctor Profile (/plans/doctor/)

## Top Local Doctors

New York (/best-doctors/ny/new-york/)

Chicago (/best-doctors/il/chicago/)

Houston (/best-doctors/tx/houston/)

Los Angeles (/best-doctors/ca/los-angeles/)

## Top Specialties

Family G.P. (/specialties/family-gp/)

Gynecologist/OBGYN (/specialties/gynecologist-obgyn/)

Dentist (/specialties/dentist/)

Orthopedics/Sports (/specialties/orthopedics-sports/)

Cosmetic Surgeon (/specialties/cosmetic-plastic-surgeon/)

Dermatologist (/specialties/dermatologist/)

Gastroenterologist (/specialties/gastroenterologist/)

View all specialties > (/specialties/)

## Follow Us



Facebook (https://www.facebook.com/ratemdsdotcom)



Twitter (https://twitter.com/RateMDsdotcom)



Google+ (https://plus.google.com/+ratemds)

5/19/2020

Dr. Reagan Ponder - Honolulu, HI - Gynecologist Reviews & Ratings - RateMDs

[Boston \(/best-doctors/ma/boston/\)](#)

[Toronto \(/best-doctors/on/toronto/\)](#)

[Philadelphia \(/best-doctors/pa/philadelphia/\)](#)

©2004-2020 RateMDs Inc.  
The original and largest doctor rating site.