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# Provider Directory Directorio de Proveedores

Imperial County / Condado de Imperial

1-877-658-0305

For TTY, contact California Relay by dialing 711 and provide the 1-877-658-0305 number.

Si usa un teléfono de texto [TTY], comuníquese al 711 con los Servicios de retransmisión de mensajes de California y déles el número 1-877-658-0305.

[CAHealthWellness.com](http://CAHealthWellness.com)

Revised March 2018

  
california  
health & wellness.

## **WELCOME TO CALIFORNIA HEALTH & WELLNESS**

We would like to welcome your family to California Health & Wellness. California Health & Wellness provides quality healthcare benefits that are convenient and accessible. Our main priority is making sure you receive high-quality healthcare coverage.

This is your provider directory. The next few pages tell you how to use the directory. Let us know if you need help understanding this. If you need them, interpreter services are provided free of charge to you – including sign language and real-time oral interpretation. To get an interpreter, call our member services line at 1-877-658-0305 (for TTY, contact California Relay by dialing 711 and provide the 1-877-658-0305 number).

We are adding new providers every day. If your doctor is not listed or their information does not look complete, please check online ([www.CAHealthWellness.com/for-members/find-a-provider/](http://www.CAHealthWellness.com/for-members/find-a-provider/)) for new updates or call our member services line at 1-877-658-0305 (for TTY, contact California Relay by dialing 711 and provide the 1-877-658-0305 number).

## **EASY TO USE**

Getting benefits from California Health & Wellness is easy. We believe the best way for you to keep good health is to develop a good relationship with your family physician. That is why you, and any of your family who are members of California Health & Wellness, need to choose a Primary Care Provider (PCP) or a Clinic that has multiple Primary Care Physicians.

When you need care, start with a call to your PCP for an appointment. Tell them you are covered by California Health & Wellness. If needed, your PCP will make a referral for specialized care. It's that simple.

For each PCP there is a PCP number. This is an important number. You will need this number to choose a PCP when you enroll in California Health & Wellness or to change your PCP once you are enrolled. Family members can go to different doctors and may choose different PCPs.

If you choose a clinic or a doctor working at a clinic to be your PCP, you will be able to see any doctor at that clinic.

## **ACCESSIBILITY**

If you use a wheelchair, walker, or other aids and need assistance getting into your provider's office, call their office before you get there. This way someone will be ready to help you when you get there. If you would like help talking with your provider about your special needs, call California Health & Wellness Member Services at 1-877-658-0305 (for TTY, contact California Relay by dialing 711 and provide the 1-877-658-0305 number).

# SPECIALIST PHYSICIANS MÉDICOS ESPECIALISTAS



## ***Obstetrics & Gynecology / Obstetricia y ginecología cont.***

**Paul S. Copit, MD Cont.**  
First Avenue Specialty Services  
Michelle Wagner Center of San Diego

2017 First Avenue  
Suite 301  
San Diego, CA 92101  
Phone: 888-748-7526  
Hours/Horas: Mon-Fri: 8:00am-5:00pm  
Language/Idioma: Spanish

### ***Imperial Valley Health Center of El Centro***

1463 South 4th Street  
El Centro, CA 92243  
Phone: 888-743-7526  
Hours/Horas: Mon-Fri: 8:00am-5:00pm  
Language/Idioma: Spanish

### ***Planned Parenthood of the Pacific Southwest***

49-111 Highway 111  
Coachella, CA 92236  
Phone: 888-748-7526  
Hours/Horas: Mon-Fri: 7:30am-4:00pm  
Language/Idioma: Spanish

### ***Julia L. Cormano, MD***

Gender/Sexo: Female  
NPI number: 1073740395  
California license number/Número de licencia de California: 36132808  
Affiliations/Afiliaciones: Mercy Hospital and Medical Center\*

### ***UCSD Medical Group***

9300 Campus Point Drive  
La Jolla, CA 92037  
Phone: 858-657-7200  
Hours/Horas: Mon-Fri: 9:00 AM - 5:00 PM  
Language/Idioma: Spanish

### ***Julia L. Cormano, MD Cont.***

UCSD Medical Group  
200 West Arbor Drive  
San Diego, CA 92103  
Phone: 619-543-3000  
Hours/Horas: Mon-Fri: 9:00 AM - 5:00 PM  
Language/Idioma: Spanish

### ***Bonnie C. Crouthamel, MD***

Gender/Sexo: Female  
NPI number: 1437592573  
Accepting New Patients/Acepta pacientes nuevos  
California license number/Número de licencia de California: A147919  
Affiliations/Afiliaciones: Ucsd Medical Center - Hillcrest

### ***UCSD Medical Group***

9300 Campus Point Drive  
La Jolla, CA 92037  
Phone: 619-543-6777  
Hours/Horas: Mon-Fri: 8:00am-5:00pm  
Language/Idioma: Spanish

### ***UCSD Medical Group***

200 West Arbor Drive  
San Diego, CA 92103  
Phone: 619-543-6777  
Hours/Horas: Mon-Fri: 8:00am-5:00pm  
Language/Idioma: Spanish

### ***Kelly Regina Culwell, MD***

Gender/Sexo: Female  
NPI number: 1043508377  
Accepting New Patients/Acepta pacientes nuevos  
California license number/Número de licencia de California: 76983

### ***College Avenue Sarah Weddington Center of San Diego***

4575 College Avenue  
San Diego, CA 92115  
Phone: 888-743-7526  
Hours/Horas: Mon-Fri: 8:00am-5:00pm  
Language/Idioma: Spanish

### ***Kelly Regina Culwell, MD Cont.***

First Avenue Specialty Services  
Michelle Wagner Center of San Diego  
2017 First Avenue  
Suite 100  
San Diego, CA 92101  
Phone: 888-748-7526  
Hours/Horas: Mon-Sat: 7:30am-4:00pm  
Language/Idioma: Spanish

### ***Pacific Beach Express Mimi Brien Center of San Diego***

1602 Thomas Avenue  
San Diego, CA 92109  
Phone: 888-743-7526  
Hours/Horas: Tue: 10:00am-6:30pm, Wed: 8:30am-5:00pm, Thur: 10:00am-6:30pm  
Language/Idioma: Spanish

### ***Planned Parenthood of the Pacific Southwest***

49-111 Highway 111  
Coachella, CA 92236  
Phone: 888-748-7526  
Hours/Horas: Mon-Fri: 7:30am-4:00pm  
Language/Idioma: Spanish

### ***Michael J. Dainer, DO***

Gender/Sexo: Male  
NPI number: 1578535928  
Accepting New Patients/Acepta pacientes nuevos  
California license number/Número de licencia de California: 4363

### ***First Avenue Specialty Services Michelle Wagner Center of San Diego***

2017 First Avenue  
Suite 301  
San Diego, CA 92101  
Phone: 888-748-7526  
Hours/Horas: Mon: 7:30am-4:00pm, Tue: 9:30am-6:00pm, Wed: 7:30am-4:00pm, Thur: 9:30am-6:00pm, Fri: 7:30am-4:00pm, Sat: 7:30am-4:00pm  
Language/Idioma: None

See page 54 for explanation of ADA Accessibility codes.