



BE WELL. BE WISE. BE YOURSELF.

Rager Adolescent Health is a medical practice specializing in adolescent reproductive health, adolescent disordered eating, and LGBTQ+ youth and young adults.

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**Kristin M. Rager, MD, MPH,
FAAP, FSAHM - Physician**

Pronouns: she/her/hers

Teenagers will know Dr. Kristin Rager's got their back the instant they meet her. Her energy, sense of humor and comprehensive mental catalog of old-



school rap lyrics are just a few ways she connects with people.

In the difficult time of adolescence, teens are faced with so many decisions that can alter their trajectory and affect their health for the rest of their lives. “We know that feeling connected to one caring adult can make a huge difference in the lives of teens,” says Dr. Rager. “I love empowering young people to make wise decisions. I also love the idea of taking away the ‘taboo’ of sexuality and our bodies and helping families to do that at home as well.”

Dr. Rager is the owner of Rager Adolescent Health. She earned a bachelor’s degree in psychology from Vanderbilt University and her medical degree from University of Louisville School of Medicine. She did her internship and residency at Medical University of South Carolina in Charleston and a fellowship at Cincinnati Children’s Hospital Medical Center’s Division of

Adolescent Medicine.



[Redacted]

Pronouns: he/him/his

[Redacted] is our jack of all trades. His official title is Practice Manager, but he is so much more. If you have an insurance question, need a refill, or need to schedule an appointment, he is your go-to guy! He is super easy going and is passionate about what we do here at Rager Adolescent Health.

[Redacted]

[Redacted] He originally joined Rager Adolescent Health in mid-2017 as our front desk rep and now serves as our Practice Manager.

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