

<https://www.sharp.com/san-diego-doctors/dr-lali-reddy-60649>



Dr. Lali Reddy

Schedule an appointment

Specialty

- Obstetrics/Gynecology (Board Certified)

Advanced degree

- Medical Doctor (MD)

Patient Rating

No ratings. Why?





Google

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[619-303-1335](tel:619-303-1335)

5119 Garfield St La Mesa, CA 91941

Get directions

Monday	8:00 AM - noon
1:00 PM - 11:30 AM	
Tuesday	8:00 AM - 11:30 AM
Wednesday	8:00 AM - 11:30 AM
Thursday	8:00 AM - 11:30 AM
Friday	8:00 AM - 11:30 AM

Biography

“I will go the extra mile to work for the best outcome for mom and baby.”

Being able to be a part of one of the most important experiences of a woman's life of bringing life into the world is humbling, fulfilling and gratifying. It never gets old for me, not even at 2 a.m.!

Ever since I was young, I wanted to be not just a doctor, but an obstetrician. I practice a philosophy of mindfulness. I actively remind myself that a patient is seeking care because she is sick or worried or in pain and she is looking to me for answers and for help.

I treat each patient as I would wish my mother, sister or daughter to be treated - with loving kindness, dignity and respect. I go the extra mile, and above all, do the right thing, such as minimizing episiotomies and C-sections, and work for the best outcome for mom and baby.

Free 3D/4D ultrasounds are provided to help mom with the bonding experience prenatally.

Outside of work, I love reading, gardening, hiking and nature and spending time with my wonderful husband, Bob, and my adorable little dogs.

In practice since: 1986

Gender: Female

Additional languages spoken: Hindu, Telugu

Guardian Angel recognitions



Recognize this doctor

Have you and your family received exceptional care from Dr. Reddy? Consider paying tribute to this doctor with a [Guardian Angel gift](#).

Affiliations

- [Sharp Grossmont Hospital](#)

Education

- Medical School: Armed Forces Medical College
- Internship: University of Arkansas
- Residency: University of Arkansas

Treatments and conditions

- High-Risk Pregnancy

Insurances accepted

Sharp accepts most health insurances. Not all plans are listed. Please contact your insurance company to verify your insurance type and plan.

- [Aetna](#)
EPO, PPO
- [Anthem Blue Cross](#)
POS, PPO
- [Blue Shield of California](#)
POS, PPO
- [CIGNA](#)

HMO, PPO

- [Community Health Group](#)
Medi-Cal HMO
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- [Medi-Cal](#)
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Medi-Cal HMO
- [UnitedHealthcare](#)
EPO, POS, PPO

Schedule an appointment

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Schedule an appointment with Dr. Reddy

- I've seen this doctor before
- I'm a new patient

Schedule an appointment with Dr. Reddy

Call your insurance company

Choosing a new primary care doctor is done through your insurance company. Call the number on the front or back of your card and tell the representative that you would like to change your PCP.

Sample insurance card

Every insurance card is different. The customer service phone number could be on the front or the back of your card. The following is just an example.
Front



Back

Insurance Company Name

To speak to a customer service representative, call 1-800-XXX-XXXX, 24 hours a day.

Medical: 1-800-XXX-XXXX

XXX-XXX-XXXX

XXX-XXX-XXXX

Pharmacy: XXX-XXX-XXXX

Prior Authorization 1-800-XXX-XXXX

I need help from a referral nurse

If you have questions about your insurance coverage or anything else, our physician referral nurses are here to help you. Call [1-800-827-4277](tel:1-800-827-4277) to get started. Nurses are available Monday through Friday, 7 am to 7 pm, to take your call.

Call or email me back

A physician referral nurse will contact you within one business day. Fields are required unless otherwise noted.

First name **This field is required.**

Last name

How would you like to be contacted?

Phone Email

Email address

Comments (not required)

Contact me

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