

# Training Impact of Four UC Residency Programs Using the TEACH Model (Training In Early Abortion for Comprehensive Healthcare)

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## BACKGROUND

- TEACH is an academic-community partnership that provides Family Practice Residencies with comprehensive training in reproductive health while assisting to integrate onsite abortion services.<sup>1</sup>
- Four UC Family Practice Residencies since 2003
  - Sutter Santa Rosa
  - SFGH Family and Community Medicine
  - Natividad Medical Center
  - Contra Costa Regional Medical Center
- Academic support and policy context provided by
  - UCSF Department of Family and Community Medicine
  - UCSF ANSIRH Program (Bixby)
- As residencies developed onsite abortion services and training, Planned Parenthood (PP) clinics provided the opportunity for greater procedural volume.

## TRAINING MODEL

Didactic Sessions added to residency curriculum:

- Orientation to public health aspects of abortion
- Hands-on Practice with papaya simulation model<sup>2</sup>
- Options and Abortion Counseling
- Contraceptive Update
- Office Practice Issues

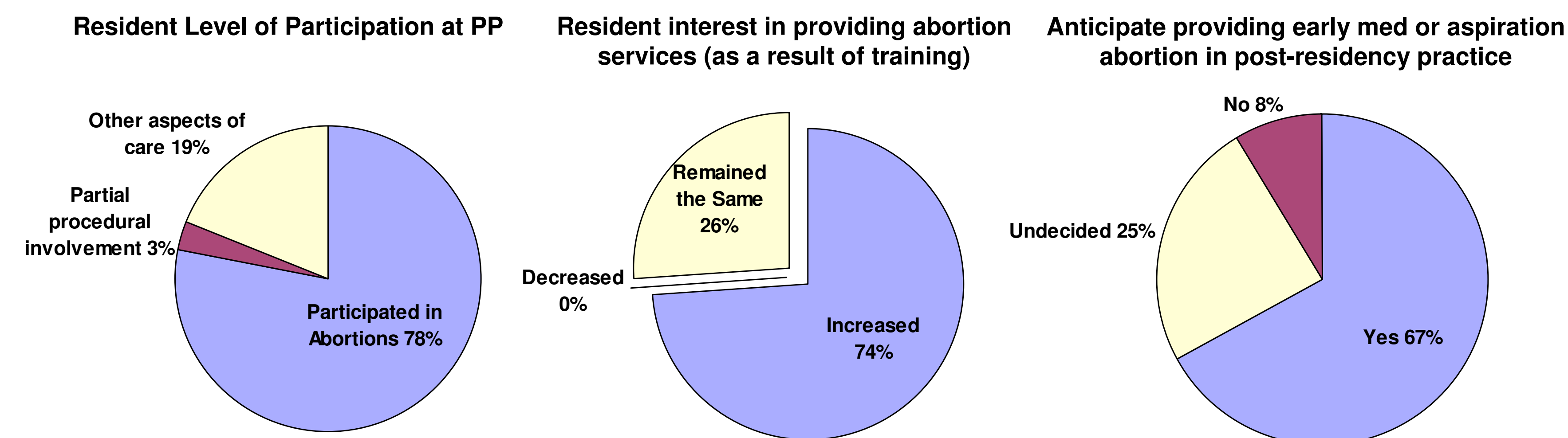
Clinical Practice Sessions

- Faculty develop expertise supervising early abortion in family practice setting.
- Residents train at PP and residency clinics, including opt-out provisions.<sup>3</sup>

Training Workbook with readings, tips for success, cases, and evidence-based teaching points. Training and Trainer versions available online and are being used nationally.<sup>4</sup>

## RESULTS

- 3 residencies integrated medication and/or aspiration abortion services into their primary care or reproductive health clinics after 17 Faculty were trained
- 149 Residents attended training sessions, with an average of 4.5 sessions each, 71% of participants completed the final evaluation
- 94% felt adequately prepared to counsel patients on pregnancy options
- 81% felt adequately prepared to confidently provide 1st trimester abortion
- 2 residencies (Sutter and UCSF) won national awards for model curriculum in pregnancy options counseling highlighting new ACGME residency requirements<sup>5</sup>



## Resident and Faculty Feedback

### Quality

- "Loved the one-on-one teaching, hands-on experience, collegial atmosphere and enthusiasm of providers."
- The most outstanding educational experience during residency."

### Impact on Perception of Abortion

- "It changed my ideas about the women who get abortions."
- "I have become more aware of the importance of training new abortion providers and the need for women to have access."
- "Even if it isn't something I want to do, it will help with similar procedures. Also, good to know the ins and outs to better counsel patients and provide aftercare."

### Integration into Family Medicine

- "It's confirmed this as an important medical service that can easily be incorporated into office Family Medicine practice."
- "We found that the roof did not fall down when abortion training is introduced into the residency. Nor did the "residency become an abortion clinic"; it is not about warring camps, but about normalization of ambivalence around abortion."  
(Residency Faculty)

## COLLABORATION

- Networking events across participating residency programs help to normalize abortion training, and address obstacles
- National networking via listservs
- National research collaboration

## SUMMARY

- TEACH Collaborative Writing Group and Fellows updating the 3<sup>rd</sup> version of the Early Abortion Training Manual
- Collaborative conference presentations and publications
- Professional organization advocacy to minimize barriers to integrating abortion services in primary care settings
- TEACH continues to assist residencies to strategize sustainable training models in high volume settings and residency clinics

## REFERENCES

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