



Whole Family Health Care of Longmont

Dr. Kristin van Konynenburg, MD

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About Dr. Kristin van Konynenburg

After receiving her BA in Women's Studies from the University of California, Berkeley, Dr. Kristin completed her medical school at the University of California, Davis. She went on to complete a Family Medicine residency at the University of California, Davis County Health Services, in Martinez, California. She then practiced in a variety of settings, providing primary care practice services in an inner-city county clinic, working as a surgical hospitalist at a county hospital, and as a station physician at a remote Antarctic research station for three seasons. During this time she also studied and taught Wilderness and Expedition Medicine. After Antarctica, she moved to Boulder in 2004. She practiced at Boulder Community Hospital providing Holistic Family Practice until April 2010, and she has been in private practice since then. She completed a certification in Classical Homeopathy at the Homeopathy School of America (now Homeopathy School International) in 2007. She enjoys integrating all of her skills when approaching her patients' health care needs. Dr. Kristin is particularly interested in the connections between lifestyle, emotional health and physical health.

When not in the office, Dr. Kristin enjoys spending time with her partner Joe and their son, walking their dog, stand up paddle boarding, biking around town, cooking yummy food and knitting.