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## Clinic to Aid Uninsured Women with Substance Abuse Disorders

Published: April 11, 2019

Vanderbilt's Department of Obstetrics and Gynecology (OB-GYN) was recently awarded a \$200,000 grant by the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) to provide increased access to medication-assisted treatment for uninsured women with substance use disorders.

Between now and June 30, Vanderbilt will have the capacity to care for new uninsured patients through its Drug Dependency Clinic, which provides antepartum and postpartum care, well-woman care, psychiatry services, social work and group therapy for women with substance use disorders. The clinic currently has two locations -- One Hundred Oaks in Nashville and at NorthCrest Medical Center in Springfield. Funds from the grant will cover the cost of visits, medications, group counseling and lab testing, among other services. The clinic hopes to assist women who are pregnant, postpartum, parenting or who may plan to become pregnant soon.

According to Jessica Young, MD, MPH, associate professor of OB-GYN, women in this population are often uninsured until they become pregnant, leaving them without care leading up to or in between pregnancies. For women who present to the clinic and are already pregnant, the goal is to help them have the healthiest pregnancy possible.

"The opioid epidemic in Tennessee continues to grow and impact the health of all people, but particularly women of reproductive age," said Young, who has led the Drug Dependency Clinic since it opened at Vanderbilt Health One Hundred Oaks in 2011. "Increasing access to care for opioid use disorder has an effect on a woman's overall health. By getting these patients into medication treatment, we'll be able to decrease the complications associated with opioid use disorder, such as infections."

Patients can be referred to the program through the TDMHSAS or by other referring physicians, including through the Emergency Department.

### LINKS:

[Dr. Young, Vanderbilt Women's Health](#)

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### Related Articles:



Jessica Young, MD, MPH



### BREAKING NEWS

[Unrest in America: A Public Health Crisis](#)

[COVID-19 Pandemic Update](#)

[Reaction to President Trump's Decision to Pull US from WHO](#)

### WOMEN TO WATCH 2020 DIGITAL

**Women TO WATCH 2020**  
CELEBRATING 15 YEARS

By CINDY SANDERS

The impressive women selected as part of the Class of 2020 for the 15th anniversary edition of our annual Women to Watch special section showcased both the diversity of skills and expertise necessary to run our complex healthcare system and the passion and dedication required to make the results an extraordinary reality.

When this year's recognition launched in May 2020 to share a spotlight on women making the difference in our healthcare ecosystem, we couldn't envision the extraordinary capability women in 2020 would gain. Yet, the incredible professional, personal and family changes we face the year 19 states our age 71 and beyond just how fortunate we are. We need to have such a wealth of leading, pioneering, innovative women whose wisdom and work are making a lasting impact on our community and beyond.

**Presenting Sponsor:** CUMBERLAND PHARMACEUTICALS

**Gold Sponsors:** NASHVILLE HEALTHCARE COUNCIL, Catalyst

**Kraft is proud to sponsor the WOMEN TO WATCH class of 2020**

We honor the year's winners as well as our own past recipients who continue to inspire & support Nashville's healthcare community.

**CONGRATULATIONS TO THE 2020 WOMEN TO WATCH HONOREES!**

**NASHVILLE HEALTHCARE COUNCIL**

**INSPIRING & CATALYST**

2020 Women to Watch

Expert Insights on Public Health, Current Pandemic  
Preparing for Pandemic  
Dr. Patrice Harris: First African American Woman to Lead Nation's Oldest Medical Organization  
Tennessee Launches 'Safe at Home'  
Covering Kids  
Modern Healthcare & Critical Connections Present Social Determinants of Health Symposium



## RECENT ARTICLES

### Self-Care on the Front Lines of Coronavirus

Friday, May 29, 2020 9:49 am

Physicians, nurses, respiratory therapists and the full complement of support staff at hospitals and clinics are battling coronavirus on the front lines. When caring for others, it's all too easy to forget to take care of yourself.

### The Onsite Foundation Announces New Virtual Support Group for Frontline Healthcare Workers and Medical Staff as part of 'Support in Service' Program

Friday, May 29, 2020 8:46 am

The Onsite Foundation, a 501(c)(3) non-profit public charity, today announced a new support group offering under the Foundation's 'Support in Service' program for frontline healthcare workers and medical staff across the country affected by the COVID-19 pandemic.

### New Study Looks at Cost Impact of OTC Birth Control

Wednesday, May 20, 2020 10:53 am

A new study explores the impact on unintended pregnancies, consistent use of progestin-only OTC birth control pills at various price points.

### Behavioral Health in a Time of Social Isolation

Wednesday, May 20, 2020 10:44 am

Last month, the Nashville Health Care Council brought together experts for a virtual panel discussion on behavioral health in the midst of social distancing orders.

### COVID-19 & Mental Health

Wednesday, May 20, 2020 10:00 am

As the virus takes its toll, providers are finding new ways to reach patients and preparing for the mental health fallout ahead.

### Sharing Best Practices in Behavioral Health

Tuesday, May 19, 2020 5:49 pm

Nashville-based online video service provides evidence-based training to public and providers.

### May is Mental Health Month

Tuesday, May 19, 2020 5:37 pm

May is Mental Health Month with excellent resources from national organizations for both patients and providers.

### Business Insights

## CURRENT DIGITAL



May 2020

## ADVERTISER INDEX

Advertiser Index

## INCHARGE 2020



Tuesday, May 19, 2020 4:57 pm

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## Celebrating 15 Years of Incredible Leaders

Tuesday, May 19, 2020 4:49 pm

Following are the 15 classes of Women to Watch. Some of these trailblazers have happily retired after a career of service. Others have moved to other positions and taken up new challenges since they were first recognized.

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## New Study Looks at Cost Impact of OTC Birth Control

Tuesday, May 19, 2020 4:40 pm

A new study explores the impact on unintended pregnancies, consistent use of progestin-only OTC birth control pills at various price points.

 Email  Print

### Tags:

Drug Dependency Clinic, Health Disparities, Health Equity, Jessica Young, Pregnancy & Substance Abuse, Public Health, TDMHSAS, Tennessee Department of Mental Health and Substance Abuse, Vanderbilt's Department of Obstetrics and Gynecology

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InCharge Healthcare

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## NEW & NEWSWORTHY

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### Alexander, Blackburn Introduce Legislation to Help Tennessee Rural Hospitals

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### Community Invited to "Virtual Mass" at Ascension Saint Thomas West Hospital

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### Amerigroup Foundation Opens Special Request Period For Tennessee Nonprofit Funding Proposals

Organizations focused on social drivers of health invited to submit funding applications through March 20

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### HELP Chairman Sen. Alexander Statement on Info, Preparedness for Coronavirus

Alexander says around the world, the spread of the coronavirus is alarming, but that the United States is well-prepared to respond to the epidemic

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### Senator Frist's Coronavirus podcast episodes - including CDC interview

On Tuesday and Wednesday of this week, former Senate Majority Leader Bill Frist, MD is releasing two special A Second Opinion podcast episodes on the 2019 novel coronavirus.

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## 2019 WOMEN TO WATCH

## Additional Resources

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