Dr. Mara Rabin



Medical Director & Co-Founder

Dr. Mara Rabin helped to open Utah Health & Human Rights in 2003, and has continued to serve as the Medical Director. She is a graduate of Georgetown University School of Medicine and trained in Family Medicine at the University of Colorado. She began caring for refugee and immigrant patients in 1987, and continues to this day. With

her clinic partner, Mara provided Utah's refugee health screenings for 14 years, providing care for over 11,000 refugees. Mara was an invited expert consultant to the Center for Disease Control's Refugee Health Screening guidelines and has conducted research on torture prevalence and associated health conditions among Utah's refugees. She has published articles and a book chapter on refugee health and the impact of torture on health. She has spoken locally, nationally, and internationally about the unique health needs of torture survivors. She has been a medical volunteer in India, Israel, Jamaica, and Senegal. Mara has been recognized by the Utah Refugee Services Office for her "invaluable contribution to improving the health of Utah's refugees," by Jewish Family Services for helping "repair the world," and by the Utah Community Foundation as an "Enlightened 50."

Contact Mara at:

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"The dedication UHHR staff have to their clients is extraordinary and demonstrates a passion for supporting refugees in their healing journey. I love working in a place that strives toward a higher goal daily in such a supportive manner. After three and a half years here, I can honestly say that UHHR is unique and I am lucky to be a part of this great organization."

— Paige Whipps, UHHR Therapist

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