

Biftu Mengesha, MD, MAS

Assistant Professor, Obstetrics, Gynecology, & Reproductive Sciences

Medical Director of Obstetrics, Zuckerberg San Francisco General Hospital (ZSFG)

Associate Director, Innovating Education in Reproductive Health

Dr. Mengesha provides clinical care at ZSFG and is a John A. Watson scholar at UCSF. During her Family Planning fellowship, she evaluated women's experiences with pregnancy interval and contraceptive counseling in the perioperative period for women undergoing bariatric surgery. She continues to do investigative work assessing women's perioperative reproductive health experiences during the bariatric surgery process and evaluating OBGYN resident's experiences with racial discrimination and bias during training. She is also the Co-director of Equity within the division of Obstetrics, Gynecology and Reproductive Sciences at ZSFG and is actively engaged in equity and inclusion efforts both in the division's clinical units and within medical education.

Areas of interest:

- Abortion and contraceptive care and counseling
- Contraceptive counseling, access and provision in medically complex patients
- Health and health care disparities
- Medical education
- Inclusion and equity in the clinical and learning environments

Honors and awards:

- John A. Watson Scholar, Dean's Diversity Award, UCSF, 2017
- Outstanding Resident Teaching, Department of Obstetrics, Gynecology, & Reproductive Sciences, UCSF, 2017
- Most Outstanding Fellow as awarded by medical students, Department of Obstetrics, Gynecology, & Reproductive Sciences, UCSF, 2017
- Most Outstanding Fellow as awarded by resident, Department of Obstetrics, Gynecology, & Reproductive Sciences, UCSF, 2016
- Augusta Webster Award, McGaw Medical Center of Northwestern University, 2015
- Golden Apple Student Teaching Award, 1st Place, McGaw Medical Center of Northwestern University, 2015
- John J. Sciarra Excellence in Family Planning Award, McGaw Medical Center of Northwestern University, 2014

Education:

- Northwestern University, Medical Doctorate and Residency in Obstetrics & Gynecology
- UCSF, Master of Science in Clinical Research and Fellowship in Family Planning

In the news:

- Legislature should end antiquated regulation for certified nurse-midwives (<https://bit.ly/2ZWHnmm>) (op-ed) | *CalMatters*

Publications:

1. A randomized controlled trial of methylergonovine prophylaxis after dilation and evacuation abortion. *Contraception*. 2020 Oct 17. Kerns JL, Pearlson G, **Mengesha B**, Harter K, Jackson RA, Drey EA. PMID: 33075332.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/33075332>) Mentions: Fields: Rep Reproductive Medicine
2. Physician leadership: Racial disparities and racism. Where do we go from here?. . 2020 Aug 1; 32(7). **Biftu Mengesha**, Kavita Shah Arora, Barbara Levy. .
View in: Publisher Site (<http://dx.doi.org/10.12788/obgm.0019>) Mentions:
3. 346: Racial and ethnic disparities in cesarean delivery rates: Do hospital type, setting, and volume matter?. *American Journal of Obstetrics and Gynecology*. 2020 Jan 1; 222(1):s232. E. Nicole Teal, Kelechi Anudokem, Rebecca J. Baer, Larry Rand, Laura L. Jelliffe-Pawlowski, **Biftu Mengesha**. .

View in: Publisher Site (<http://dx.doi.org/10.1016/j.ajog.2019.11.362>) Mentions:

4. Struma ovarii with atypical features and synchronous primary thyroid cancer: a case report and review of the literature. *Arch Gynecol Obstet.* 2019 12; 300(6):1693-1707. Siegel MR, Wolsky RJ, Alvarez EA, **Mengesha BM**. PMID: 31679038.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/31679038>) Mentions: Fields: Gyn Gynecology Obs Obstetrics
Translation:Humans
5. The UP Trial: A randomized controlled trial of uterotonic prophylaxis with methylergonovine maleate for late dilation and evacuation abortions. *Contraception.* 2018 May 1; 97(5):461. JL Kerns, G Geffan Pearlson, **B Mengesha**, K Harter, R Jackson, E Drey. .
View in: Publisher Site (<https://doi.org/10.1016/j.contraception.2018.03.020>) Mentions:
6. Perioperative pregnancy interval, contraceptive counseling experiences, and contraceptive use in women undergoing bariatric surgery. *Am J Obstet Gynecol.* 2018 07; 219(1):81.e1-81.e9. **Mengesha BM**, Carter JT, Dehlendorf CE, Rodriguez AJ, Steinauer JE. PMID: 29634911.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/29634911>) Mentions: 3
(<https://www.ncbi.nlm.nih.gov/pmc/articles/pmid/29634911/citedby/>) Fields: Gyn Gynecology Obs Obstetrics Translation:Humans
7. Effect of counseling quality on anxiety, grief, and coping after second-trimester abortion for pregnancy complications. *Contraception.* 2018 06; 97(6):520-523. Kerns JL, **Mengesha B**, McNamara BC, Cassidy A, Pearlson G, Kuppermann M. PMID: 29477632.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/29477632>) Mentions: 3
(<https://www.ncbi.nlm.nih.gov/pmc/articles/pmid/29477632/citedby/>) Fields: Rep Reproductive Medicine Translation:Humans
8. The UP trial: a randomized controlled trial of uterotonic prophylaxis with methylergonovine maleate for late dilation and evacuation abortions. *Contraception.* 2017 Oct 1; 96(4):270. JL Kerns, GA Pearlson, **BM Mengesha**, K Harter, RA Jackson, EA Drey. .
View in: Publisher Site (<https://doi.org/10.1016/j.contraception.2017.07.036>) Mentions:
9. Abortion and contemporary hip-hop: a thematic analysis of lyrics from 1990-2015. *Contraception.* 2017 Jul; 96(1):30-35. Premkumar A, Brown K, **Mengesha B**, Jackson AV. PMID: 28578149.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/28578149>) Mentions: Fields: Rep Reproductive Medicine
Translation:Humans
10. Racial injustice and family planning: an open letter to our community. *Contraception.* 2017 10; 96(4):217-220. **Mengesha B**. PMID: 28578153.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/28578153>) Mentions: 1
(<https://www.ncbi.nlm.nih.gov/pmc/articles/pmid/28578153/citedby/>) Fields: Rep Reproductive Medicine Translation:Humans
11. Shared decision-making and decision satisfaction in dilation and evacuation versus induction of labor among women undergoing abortion for pregnancy complications. *Contraception.* 2016 Oct 1; 94(4):394. **B Mengesha**, A Cassidy, G Pearlson, J Kerns. .
View in: Publisher Site (<https://doi.org/10.1016/j.contraception.2016.07.047>) Mentions:
12. Assessment of contraceptive needs in women undergoing bariatric surgery. *Contraception.* 2016 07; 94(1):74-7. **Mengesha B**, Griffin L, Nagle A, Kiley J. PMID: 26939526.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/26939526>) Mentions: 4
(<https://www.ncbi.nlm.nih.gov/pmc/articles/pmid/26939526/citedby/>) Fields: Rep Reproductive Medicine Translation:Humans
13. Robotic-Assisted Laparoscopic Myomectomy Versus Abdominal Myomectomy: A Comparative Analysis of Short-Term Surgical and Efficiency Outcomes. *Journal of Minimally Invasive Gynecology.* 2011 Nov 1; 18(6):s41-s42. K. Nash, J. Feinglass, C. Zei, G. Lu, **B. Mengesha**, C. Lewicky-Gaupp, A. Lin. .
View in: Publisher Site (<https://doi.org/10.1016/j.jmig.2011.08.149>) Mentions:
14. Robotic-assisted laparoscopic myomectomy versus abdominal myomectomy: a comparative analysis of surgical outcomes and costs. *Arch Gynecol Obstet.* 2012 Feb; 285(2):435-40. Nash K, Feinglass J, Zei C, Lu G, **Mengesha B**, Lewicky-Gaupp C, Lin A. PMID: 21779774.
View in: PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/21779774>) Mentions: 6
(<https://www.ncbi.nlm.nih.gov/pmc/articles/pmid/21779774/citedby/>) Fields: Gyn Gynecology Obs Obstetrics Translation:Humans

Tags:

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